

2023

# DECEMBER

# Memory Lane

SUNDAY

MONDAY

TUESDAY

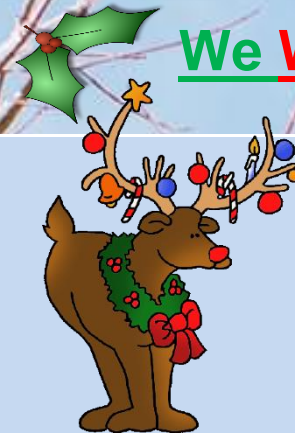
WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

**We Wish You a Merry Christmas**



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9:30: Morning stretch with Aerobics  
**10:15: Decorating Trees**  
 1:00: December Trivia  
**2:00: Entertainment With Suzie Q**

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9:30: Morning stretch with Strengthening  
 10:15: Creative Poetry  
 11:00: Water Painting  
 1:00: True or False Trivia  
**2:00: Choir Practice**

7

9:30: Morning stretch  
 10:15: Pictionary  
 11:00: Crokinole  
 1:00: Bean Bag Toss  
**2:00: Making Sugar cookies with Bree**

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10

9:30: Morning stretch with Aerobics  
 10:15: Christmas Riddles  
 11:00: Guess the Christmas Song  
 2:00: Hoops & Balls

11

9:30: Stretch, Balance  
 10:15: Finish The Christmas Song  
**11:00: Choir Practice**  
 1:00: Headband Game  
**2:00: Entertainment With Young at Heart**

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9:30: Stretch, Aerobics  
 10:15: Madlibs  
 11:00: Manicure  
**2:00: Walker Decorating**

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9:30: Morning stretch with Strengthening  
 10:15: Christmas Craft  
**10:45: Choir Practice**  
 1:00: Reading Christmas Stories  
**2:00: Pottery Class**

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9:30: Morning stretch  
**10:15: Making Gingerbread houses.**  
**2:00: Christmas Bingo!**  
 3:00: Christmas Trivia

15

**\* Bazaar: 10-1pm**  
**\* Resident Friends & Family open house 1:30-3:30pm**  
**\* Choir performs at 2:30pm**

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9:30: Morning stretch with Aerobics  
 10:15: Christmas Poem  
 11:00: Christmas Story  
**2:00: Music Therapy with Cam D & Hot Chocolate**

18

9:30: Morning stretch with Balance  
 10:15: Hungry Hippos  
 11:00: Kurplunk  
**2:00: Decorating Christmas cookies**

19

9:30: Morning stretch with Aerobics  
 10:15: Java Social Club  
**Lunch Club Festive Special- Swiss Chalet**  
 2:00: Tabletop Curling

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9:30: Morning stretch with Strengthening  
 10:30: Christmas Craft  
**2:00: Christmas Movie: a Christmas Carol**

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9:30: Morning stretch  
 10:15: Making Christmas Cards  
**2:00: Residents Christmas party with The Goldies**  
**Sant will be here**

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24  
**Christmas Eve**

24

25  
**Christmas Day**

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26  
**Boxing Day**

26

9:30: Morning stretch with Aerobics  
 11:00: Manicure  
**2:00: Karaoke Carol Along**

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9:30: Morning stretch with Strengthening  
 10:30: Washer Toss  
 1:00: Just For Laughs  
 2:00: Balloon Badminton

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9:30: Morning stretch  
 10:15: Let's List it.  
 11:00: Decorating for New Years  
**2:00: Making New Years Cupcakes**

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31  
**New Years Eve**

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**Snack Time: 10am and 2pm**  
**Lunch Time Noon**  
**Supper Time 5pm**



**Daily programs, subject to change due to resident needs.**

