

Sample Menu



BREAKFAST

Cream of Wheat or Cold Cereal

Poached eggs

Toast, assorted jams, peanut butter

Coffee & Tea

LUNCH

Turkey Vegetable soup

Captain Burgers

Or

Assorted sandwiches

Potato salad

Mixed Fruit

Coffee & Tea

SUPPER

Roast pork & Gravy

Or

Turkey Schnitzel

Scalloped Potatoes

Braised Cabbage

Strawberry/Rhubarb Pie

Coffee & Tea